



TrifectaHealth

We will bring your life back...

Trifecta Health TMS Intake Questionnaire

Patient Name : _____ Phone Number: _____
Contact Number: _____ Email Address: _____
Patient Address: _____

Referring Physician: _____

Introduce yourself and explain your role with the TMS program and gather the following:

How did you hear about TMS? _____
How did you hear about us? _____

3. Medical Screening

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- Do you have any non-removable metallic objects in or around your head? _____
 - What other medical issues do you have?
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Understanding Your Depression History

May I ask you several questions about your depression?

- Can you tell me how long you have suffered from depression?

- Record length and episodes?

- What treatments have worked to provide remission of your depression?

4. Understanding Your Current Episode of Depression

- Tell me about your current episode of depression.

- What types of symptoms have you experienced?

- How long have you been suffering in this episode? _____

- What current antidepressant treatments are you using and what have you tried?

- How satisfied that your medications are working?

- Have you experienced any Tolerability or / Side Effects from your current treatment?

5. Help the patient understand the Impact / cost of their Depression

- How has your current depression impacted those aspects of your life such as:

- Relationships: _____

- Hobbies: _____

- Work: _____

- Are you currently working? _____

- How has depression affected your work? _____

- Has it or is it having an effect on your income and career?

- Can you estimate what the cost of treating your depression is on your life?

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Patient Information Section: About TMS Therapy

- TMS Therapy is a treatment cleared by the US Food and Drug Administration (FDA) for patients suffering from depression who have not achieved satisfactory improvement from prior antidepressant treatment.
- TMS therapy treatment is performed at Trifecta Health Medical Center, under the supervision of a psychiatrist.
- TMS Therapy is:
 - Non-invasive, it doesn't involve surgery, anesthesia or sedation. The patient is awake & alert in treatment.
 - Non-systemic, meaning that it is not taken by mouth and does not circulate in the blood stream.
- Typical treatment course is five 40 minute treatments weekly for 4-6 weeks, for an average of 20-30 treatments.

How Does TMS Therapy Work?

- Through a treatment coil, the TMS Therapy system generates highly concentrated, magnetic fields which turn on and off very rapidly. These magnetic fields are the same type and strength as those produced by a magnetic resonance imaging (MRI) machine. There is no ionizing radiation involved with TMS.
- The treatment coil is applied to the head above the prefrontal cortex. This part of the brain is involved with mood regulation. These magnetic fields only reach 2-3 centimeters into the brain directly beneath the coil and therefore do not affect the whole brain. As these magnetic fields move into the brain, they produce very small electrical currents that activate cells within the brain, which are thought to release neurotransmitters.

What are the Benefits of TMS Therapy?

- TMS Therapy has been demonstrated to be safe and tolerable.
- Over 10,000 active treatments were safely performed with TMS Therapy during the clinical trials.
 - No side effects such as weight gain, sexual problems, stomach problems, sleepiness, or dry mouth were seen.
 - There were no negative effects on memory or ability to concentrate.
- Less than 5% of patients treated with TMS Therapy discontinued treatment due to side effects.